



14420 Sommerville Ct.
Midlothian, VA 23113
Phone: (804) 897-7900
Email: dentist@dentistrichmond.com

Tooth Extractions with Immediate Dentures:

- ❖ **Please leave denture in for 24 hours.** This will help combat some of the swelling involved with surgical procedures as well as act as a band-aid. Oozing of blood around denture is normal and should not be cause for concern. The bleeding will gradually decrease over the first several hours. If for any reason you are concerned about the amount of bleeding you are having, please call the office.
- ❖ **Do not rinse for 24 hours.** Continue brushing your remaining teeth gently. Once the first 24 hours has passed you may take the denture out to clean it. You will be given a denture care kit with instruction on cleaning and care.
- ❖ After the first day, only wear your denture when needed. This will reduce risk of sore spots in the first week. **Also after the first night, leave you denture out while sleeping,** unless otherwise instructed.
- ❖ You may eat and drink. **Soft foods are recommended for at least 24 hours.** Try to avoid surgical sites while eating. **Drink as much liquid as possible.** Do not consume liquids through a straw. You may resume normal physical activity as tolerated 48 hours after surgery.
- ❖ Swelling is common after a surgical procedure for up to a week, the maximum amount of swelling is usually present on the second day after surgery. **Use an ice pack on the outside of face for 20 minutes, then leave off for 20 minutes. Repeat for first 24 hours after surgery.**
- ❖ **After 24 hours you may start warm salt water rinses.** Gently rinse with lukewarm salt-water solution (this is ½ tsp salt per 8 oz of water) for the next week. Rinse 3-4 times a day especially after eating.
- ❖ **Take all medications as instructed.**
- ❖ If sutures were used they will be removed (or they will dissolve) at your post op appointment.
- ❖ **Do not use denture adhesive until instructed by the doctor.**
- ❖ You may notice as healing progresses sharp bony projections. During the healing process, the fragments of bone fragments of bone may loosen and work up through the gum. These are not roots. Often the work out by themselves. If you have any question concerning this please call the office.
- ❖ You may experience sore spots from your new denture. These can be alleviated with adjustments at your post op appointment. **Please call if you feel you need an appointment for adjustments prior to your post op appointment.**