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### **After Treatment with Arestin®**

1. **DO NOT TOUCH** the area that has been treated.
2. **WAIT TO BRUSH** for **12 hours** after treatment.
3. **WAIT TO FLOSS** or clean between your teeth for at least **10 DAYS**.
4. **AVOID EATING HARD, CRUNCHY or STICK FOODS** for **1 WEEK** after treatment.
5. **KEEP YOUR FOLLOW UP APPOINTMENT:** Your first follow up appointment is critical to assess the initial progress of your treatment. One week post operative healing assessment provides the doctor valuable information that determines the course of your future treatments.
6. **MAINTAIN YOUR RECOMMENDED SCHEDULED RECALL APPOINTMENTS:** Periodontal therapy involves regular cleanings and examinations to monitor the progress of reestablishing tissue health. By adhering to your prescribed recall schedule, you increase the likelihood of controlling periodontal disease.