



14420 Sommerville Ct.

Midlothian, VA 23113

Phone: (804) 897-7900

Email: dentist@dentistrichmond.com

After your teeth are prepared for Crowns:

- ❖ Crowns and bridges are usually completed in two appointments. After each appointment, you may experience some soreness around the gum-line. Rinsing with warm salt water several times a day will help speed healing.
- ❖ A temporary crown is in place on your prepared tooth for protection. In the rare event this temporary crown becomes loose or comes off prior to you receiving your permanent crown, please call our office immediately. Do NOT leave the temporary off until your next appointment!
- ❖ When flossing Temporaries, gently pull downward towards the gums, then outwards toward the cheek to prevent pulling the Temporary Crown off.
- ❖ Avoid eating sticky foods, gum, ice or other hard foods with your temporary crown in place. If you must, chew on the opposite side of your mouth while wearing your temporary crown.
- ❖ When you receive your permanent crown(s), you may experience hot/cold or pressure sensitivity. Your bite may also feel slightly different; however if any of these symptoms continue or become progressively worse after several days, contact us so we can see you as soon as possible.
- ❖ Continue to brush and floss your new crown normally as part of your preventative care routine. With bridgework, you may need a special floss threader or other aids to clean all areas properly. We highly recommend electric rotary toothbrushes for patients with crown and bridge restorations.
- ❖ Call us immediately should you have any questions or experience any problems.